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(71) Applicant (for AL, AM, AT, AZ, BA, BE, BF, BG, BJ, BR, BY, CF, CG, CH, CI, CM, CN, CO, CR, CU, CZ, DE, DK, DM, DZ, EC, EE, ES, FI, FR, GA, GE, GN, GQ, GR, GW, HR, HU, ID, IS, IT, JP, KG, KP, KR, KZ, LR, LT, LU, LV, MA, MC, MD, MG, MK, ML, MR, MX, MZ, NE, NI, NL, NO, PH, PL, PT, RO, RU, SE, SI, SK, SN, SY, TD, TG, TJ, TM, TN, TR, UA, UZ, VN, YU only): UNILEVER N.V. [NL/NL]; UNILEVER N.V., Weena 455, NL-3013 AL Rotterdam (NL).

(71) Applicant (for AE, AG, AU, BB, BZ, CA, CY, EG, GB, GD, GH, GM, IE, IL, KE, LC, LK, LS, MN, MW, NZ, OM, PG, SC, SD, SG, SL, SZ, TT, TZ, UG, VC, ZA, ZM, ZW only): UNILEVER PLC [GB/GB]; UNILEVER HOUSE, Blackfriars, London, Greater London EC4P 4BQ (GB).

(71) Applicant (for IN only): HINDUSTAN LEVER LIMITED [IN/IN]; Hindustan Lever House, 165/166 Backbay Reclamation, Maharashtra, 400 020 Mumbai (IN).

(72) Inventors; and

(75) Inventors/Applicants (for US only): GERHARDT, Cinderella, Christina [NL/NL]; UNILEVER R & D

VLAARDINGEN, Olivier van Noortlaan120, NL-3133 AT Vlaardingen (NL). PARMAR, Preyesh [GB/GB]; UNILEVER R & D COLWORTH, Colworth House, Bedford, Sharnbrook, Bedfordshire MK44 1LQ (GB). QUINLAN, Paul, Thomas [GB/GB]; UNILEVER R & D COLWORTH, Colworth House, Bedford, Sharnbrook, Bedfordshire MK44 1LQ (GB). TASKER, Maria, Catherine [GB/NL]; UNILEVER R & D VLAARDINGEN, Olivier van Noortlaan 120, NL-3133 AT Vlaardingen (NL).

(74) Agent: HODGETTS, Catherine, Dawn; UNILEVER N.V., PATENT DEPARTMENT, Olivier van Noortlaan 120, NL-3133 AT Vlaardingen (NL).

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(54) Title: BLOOD GLUCOSE REGULATING COMPOSITION

(57) Abstract: The invention provides the use of a whey protein hydrolysate in an edible composition the whey protein hydrolysate being able to induce the cellular release of glucagon-like-peptides and cholecystokinins and/or increasing glucose uptake in target tissues, wherein the whey protein hydrolysate regulates blood glucose levels or results in, or is used for, improving or preventing decline in mental performance and/or for providing a sustained feeling of energy and/or for maintaining or providing a feeling of well-being during the post-prandial period in a subject consuming the composition.

WO 2004/056207 A1